

How much cash will you save if you stop smoking?



*Aboriginal Respect Symbol.
Designed by Marcus Lee Design
for Cancer Council NSW.*

 **Quitline.137848**

*Cancer Council NSW would like to thank
Quit Victoria, NorthWestern Mental Health,
Orygen Youth Health and EACH for allowing
us to adapt and reproduce this resource.*



**Cancer Council
Tackling Tobacco**

QUIT FOR CASH

For someone who
smokes a pack
a day, stopping
smoking could
mean an extra:



Transportation
for a month



A ticket to a concert



Shopping



A tablet or
smartphone



A relaxing holiday



Gym membership
for a year



Six months' rent



Enrol in a course



A second-hand car

\$215
a week

\$925
a month

\$11,200
a year